

# **MASSAGE**

### SHIWA BALINESE MASSAGE

1 hour - 360 | 1.5 hours - 430 | 2 hours - 560

Combined acupressure & standard massage movements designed to relieve stress and lift the spirit.

### **ACHILLES HEEL REFLEXOLOGY**

45 minutes - 320

Based on a system of points located on the hands, feet and ears that correspond to other areas of the body, designed to stimulate the flow of energy, relieve pain and blockages throughout the body.

### GALACTIC DEEP-TISSUE MASSAGE

1.5 hours - 520

Deep-tissue massage works deeply into the muscles and connective tissue to release chronic aches and pains by reaching beneath the surface muscles. This technique is useful in treating chronic pain, inflammation and injury.

### **VENUS HOT ROCKS MASSAGE**

1.5 hours - 560

Smooth hot and cold stones harvested from natural springs and volcanoes used with massage oil in conjunction with deep-tissue massage to provide relief from tight and sore muscles.

## YOUR ACHING BACK MASSAGE

45 minutes - 250

This pressure point massage targets deeper layers of muscle while increasing blood circulation while promoting relaxation.

## **BLIND TOUCH MASSAGE**

1 hour - 470

Blind since birth, Nyoman has acute intuition that enables him to target individuals' specific pressure points with a remarkably gifted touch.

### MARS AND VENUS ROMANTIC TREATMENT

2 hours - 970

Together, you can enjoy a Balinese or aromatherapy massage, bath scrub of your choice & a relaxing flower bath.

#### www.spavenusbali.com

\*Prices are quoted in thousand Indonesian Rupiah, and are subject to 21% tax & service charge.